

CIRCULAR

From the Infirmary Department of St. Francis School

Dear Parents,

The last word has not yet been pronounced on the CoronaVirus disease 2019.

In view of bringing awareness among our student – parent community, we would like to place before you few points on COVID 2019

Presently we know that it spreads in the following ways : -

- The virus is thought to spread mainly from person-to-person, close contact.
- Between people who are in close contact with one another (within about 6 feet).
- Through respiratory droplets produced when an infected person coughs or sneezes.
- Spread from contact with infected surfaces or objects.
- People are thought to be most contagious when they are most symptomatic. It is possible that the Virus may spread even before symptoms are manifest.
- The virus that causes COVID-19 seems to be spreading easily and sustainably in the community in some affected geographic areas.

Prevention

Currently there is NO vaccine to prevent Corona Virus disease 2019.

However the following measures can help prevent its spread.

- Avoid close contact with people who are sick.
- Stay home when you are sick.
- Cover your cough or sneeze with a tissue / face mask, then throw the tissue in the trash.
- Clean and disinfect frequently touched objects and surfaces using a regular household cleaning spray or wipe.
- Very important: wash your hands often with soap and water especially after going to the bathroom, before eating and whenever you blow your nose, cough or sneeze. Use your own sanitiser to sanitise your hands.

There is no specific anti viral treatment for COVID – 2019.

- * People with COVID – 19 should receive supportive care to help relieve symptoms.
- * People who may have been exposed to COVID – 19 should contact their health care provider immediately.
- * Ensure hand washing strategies are followed carefully.
- * Efficacious prayers should be offered for all afflicted to find a cure.

Preventive measures expected at St. Francis School campus

- 1) Do not send the child to school in case of cold, cough and fever symptoms and make sure that you don't send the child to school for another 10 to 15 days even after the child is healed of sickness.
- 2) School will extend possible help in matters of academics if the child remains long absent due to illness.
- 3) Instruct the child to wash hands often with soap and water especially after going to the bathroom, before eating and whenever nose is blown, cough or sneeze.
- 4) Send your child with personal sanitiser to sanitise the hands.
- 5) Instruct your child to sip water every 15 to 30 mins to keep them hydrated.
- 6) Kindly advise your child to carry own handkerchief.
- 7) Keep the school informed of your / your child's travel plans to any places / overseas.
- 8) Avoid sending the child to crowded areas like, malls, cinema theatres, market, public places etc.


Principal Signature